

Student Volunteer Opportunities - Medicine

Goldfarb School of Nursing at Barnes-Jewish College, St. Louis College of Pharmacy, Washington University School of Medicine

Event Name	Event Category	Event Location/date	Target population	Student Organization	Sponsoring Institution	Description	More Information
Doctors Back to School	Community Support/Education	Various/Once per month	Teens	WUSM AMA	None	Talking to underserved middle school students about medical professions at AMA conferences.	https://mdstudentaffairs.wustl.edu/student-group/ama/
	Government and Policy	Various/various	Community	WUSM AMA	-	Volunteering at political events in the St. Louis area. Examples include: - Lobbying, MO Health Care for All - Safety, St. Louis March for Science - Setup and registration, Rep. Stacey Newman's political involvement forums	https://mdstudentaffairs.wustl.edu/student-group/ama/
Susan G. Komen Race for the Cure	Medicine	Downtown St. Louis/each summer	Adults	WUSM AMA	Susan G. Komen Foundation	Medical Tent for race participants	https://mdstudentaffairs.wustl.edu/student-group/american-medical-womens-association-amwa/
Various	Community Support/Education	Various/Various	Community	WUSM AMWA	-	Volunteering with organizations that serve women in the St. Louis area. Examples include: - Cooking, Karen House (a shelter for women and children) - Clothing drive, Dress for Success (a group that collects business clothing for women in need) - Trivia night, benefiting the Covering House (a shelter for victims of human trafficking and sexual exploitation) - Crisis Nursery (emergency child care)	https://mdstudentaffairs.wustl.edu/student-group/american-medical-womens-association-amwa/

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Red Dress Affair	Fundraising	WUSM or SLU/annually in February	Community	WUSM A	American Heart Association	Organizing an annual fundraiser for the American Heart Association, a joint event between the WUSM and SLU chapters of AMWA. Components include: - Silent auction and raffle - Fashion show - Student performances - Keynote address	https://mdstudentaffairs.wustl.edu/student-group/american-medical-womens-association-amwa/
Various	Clinical Support	Local Asian grocery stores and churches/ongoing	Asian Community	WUSM APAMSA	-	Providing regular health screenings at Asian grocery stores. This includes blood pressure measurement, blood glucose testing, and very general/basic health education and referrals. Providing more in-depth health screenings at events held by community organizations, e.g. health fairs organized by the International Institute of St. Louis for recent immigrants.	https://mdstudentaffairs.wustl.edu/student-group/asian-pacific-american-medical-student-association-apamsa/
Chinese Clinic	Clinical Support	St. Louis Modern Chinese School/once a month	Asian Community	WUSM	WUSM/SLU /St. Louis Modern Chinese School	The Chinese clinic operates as a free clinic with limited diagnostic services, but allows student volunteers to conduct a full patient history and physical exam. This is followed by a presentation to an attending physician, who subsequently sees the patients with the volunteers. The Chinese clinic is held at the St. Louis Modern Chinese School and organized by SLU APAMSA	https://mdstudentaffairs.wustl.edu/student-group/asian-pacific-american-medical-student-association-apamsa/

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CHOICES for Youth In Detention	Community Support/Education	St. Louis Juvenile Detention Center/once a month	Pediatrics	WUSM	-	Doing presentations and case study discussions with the young men incarcerated at the St. Louis Juvenile Detention Center. Interactive sessions cover a range of health-related topics including marijuana, safe sex, mental health, and nutrition. Our goal is to empower teens to become more aware of their health choices, give them the tools to discuss their health concerns, and equip them with the knowledge and resources to make lasting changes in their lives.	https://mdstudentaffairs.wustl.edu/student-group/choices-for-youth-in-detention/
Spanish Speaking Community Health Fair	Clinical Support	Various	Hispanic Community	WUSM LMSA	-	Health screening at local community health fair for Spanish-speaking populations.	lmsa.wustl.edu
Health Professions Recruitment and Exposure Program (HPREP)	Community Support/Education	WUSM and local schools/5-7 times annually	Community	WUSM HREP	-	Teach anatomy and physiology to school students in St. Louis County. Volunteer by teaching students about an aspect of anatomy and physiology (all teaching guides and anatomy models are provided), or volunteering to teach one of the activities at our annual field trip. Students from different schools come in and have a chance to observe the cadaver lab, practice suturing, use histology slides, and other hands-on activities.	https://mdstudentaffairs.wustl.edu/student-group/health-professions-recruitment-and-exposure-program-hprep/

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MHOP Art Show	Social Events	WUSM/annually in March	Community	WUSM MHOP	-	Collecting and displaying art produced by people in the St. Louis area who have mental health conditions	https://mdstudentaffairs.wustl.edu/student-group/mental-health-outreach-program-mhop/
NICU Cuddle Program	Clinical Support	BJH/WUMC/ twice per month	Pediatrics	WUSM Pediatric Interest Group	-	Providing cuddle therapy to babies in the NICU. The goal is to improve patient outcomes in the NICU by nurturing the babies and providing them with extra interaction so they can develop healthily.	https://mdstudentaffairs.wustl.edu/student-group/pediatric-interest-group-pig/
Vision Screenings	Clinical Support	CAM/once annually	Adults	WUSM Ophthalmology Interest Group	-	Performing vision screenings for people who go into the CAM, usually elderly. The goal is to refer them to vision professionals if we have any findings.	https://mdstudentaffairs.wustl.edu/student-group/ophthalmology-interest-group-oig/
Respectacles eyeglass Recycling Program	Community Support/ Education	CAM/WUMC/ 3-4 times annually	Community	WUSM Ophthalmology Interest Group	-	Cleaning, sorting, and donating eyeglasses.	https://mdstudentaffairs.wustl.edu/student-group/ophthalmology-interest-group-oig/
PLS	Clinical Support	St. Louis Children's Hospital/2-3 times a month	Pediatrics	WUSM Pediatric Life Savers (PLS)		Visiting different floors of the St. Louis Children's Hospital, talking with patients' families about learning pediatric CPR, and teaching a pediatric CPR class to families.	https://mdstudentaffairs.wustl.edu/student-group/pediatric-interest-group-pig/
POP	Clinical Support	Various/once per month	Pediatrics	WUSM Pediatric Outreach Program		Students are matched one on one with a child with a chronic illness (or their sibling) in order to form a fun, positive, and supportive buddy relationship.	https://mdstudentaffairs.wustl.edu/student-group/pediatric-outreach-program-pop/

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PIG	Fundraising	Various/once per month	Community	WUSM Pediatric Interest Group	-	Volunteering at a walk to raise awareness of sickle cell disease.	https://mdstudentaffairs.wustl.edu/student-group/pediatric-interest-group-pig/
SNHC	Clinical Support	Family Care Health Center/Weekly	Adults	WUSM Saturday Neighborhood Health Clinic (SNHC)	-	The SNHC provides free episodic medical services to uninsured adults. M1 and M2 students act as pre-clinical volunteers, while M3, M4, and MSTPs (post M2 year) act as clinical volunteers. During the clinic session, pre-clinical and clinical volunteers interview and examine the patient, present the findings to the attending, and then come up with a treatment plan for the patient and communicate this to the patient.	https://snhc.wustl.edu
Schnucks Screenings	Clinical Support	Local Schnucks Grocery Stores/Weekly	Adults	WUSM Schnucks Screenings	-	Providing free health screenings of blood pressure and blood glucose levels to community members shopping at Schnucks food stores.	https://mdstudentaffairs.wustl.edu/student-group/health-outreach-programs-hops/
SLCH Family Resource Center Volunteering	Clinical Support	SLCH/Twice a month	Pediatrics	WUSM/SLCH	-	Staffing the Family Resource Center at St. Louis Children's Hospital on weekends - usually you just sit at the desk to allow the facility to be open for parents and kids to come borrow movies or books, you may need to help check out books and iPads, answer phone calls, do secretarial tasks, put together any information orders sent down from the floors, etc.	LLN7508@bjc.org

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StIHx	Community Support/Education	YMCAs/Weekly	Adults	WUSM St. Louis Health Exchange	-	Students in the past have taught classes to adults at the local YMCA about nutrition, accessing healthcare, stroke, diabetes, mental health and stress. This fall we will be implementing the classes on Saturday mornings at SNHC. The goal will be to educate patients and their families/friends about various health topics while patients are waiting to be seen at the clinic, and we will expand the efforts back to the YMCA in the spring.	https://mdstudentaffairs.wustl.edu/student-group/public-health-interest-group-phig/
Various Events for Stroke Awareness	Community Support/Education	Various/ Twice per year	Adults	WUSM SIGN	-	Coordinating and staffing health fair booths and/or teaching stroke-specific health education classes. Topics include how to recognize a stroke, how to respond to a stroke (call 9-1-1), and how to prevent a stroke. The goal is to improve stroke awareness in the community.	https://mdstudentaffairs.wustl.edu/student-group/student-interest-group-in-neurology-sign/
Students Teaching AIDS to Students (STATS)	Community Support/Education	Various local high schools/3-4 times per year	Pediatrics	WUSM STATS	-	Traveling in pairs to local high schools to teach juniors and seniors about HIV/AIDS, STI's, and safer sex. This material is typically not included in standard curriculum, so schools rely on us to teach it to students. STATS also hosts an annual Wellness Day, where high school students come to WashU to learn about these topics.	https://mdstudentaffairs.wustl.edu/student-group/students-teaching-aids-to-students-stats/

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Sun Protection Outreach Teaching by Students (SPOTS)	Community Support/Education	Various local high schools/3-4 times per year	Pediatrics	WUSM SPOTS	-	This comprehensive program aims to teach adolescent students early detection and prevention measures in an effort to decrease the rising rate of skin cancer, to gain information as to what sun protective measures the students currently use, to discover teenage attitudes and behaviors towards sun protection, and to delineate effective teaching methods for medical professionals to use in their effort to change poor sun protection behaviors.	https://mdstudentaffairs.wustl.edu/student-group/sun-protection-outreach-teaching-by-students-spots/
Culinary Med. Nutrition Education	Community Support/Education	SPOT Youth Center/Once per month	Pediatrics	WUSM Culinary Med.	-	Teaching about health food and snacks to teens at the SPOT Youth Center once a month.	https://mdstudentaffairs.wustl.edu/student-group/culinary-medicine/
Casa de Salud	Clinical Support	Casa de Salud/Various times	Hispanic community	WUSM LMSA	-	This free clinic in St. Louis offers services to uninsured patients living in the area, primarily Spanish-speaking. Students can volunteer as interpreters within the clinic, as "guias" or patient navigators when patients have referral appointments, or in the Casa de Salud office helping with financial and paperwork to assist patients in navigating the complex medical system.	https://lmsa.wustl.edu

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Forum for International Health and Tropical Medicine (FIHTM) International Health Fairs	Clinical Support	Various/3-4 times per year	International	WUSM FIHTM	-	Serves as a primary service point for immigrants and refugees entering the St. Louis area. FIHTM has partnered with this organization to provide health screening services at their health fairs.	https://mdstudentaffairs.wustl.edu/student-group/forum-for-international-health-and-tropical-medicine-fihtm/
Senior Prom (Geriatric Outreach Group)	Social Events	The Christy Banquet Center/annually	Adults	WUSM GOG	-	Over 10 years and running for this annual party for senior citizens in our community! We have around 200 seniors come and enjoy a live swing band, dinner, and company and we will need med students to come and check in our party-goers, serve food, dance, chat, etc. It's a ton of fun!	https://mdstudentaffairs.wustl.edu/student-group/geriatrics-outreach-group-gog/
Young Scientist Program	Community Support/Education	Various locations/ various dates	Pediatrics	WUSM YSP	-	The Young Scientist Program aims to attract students to scientific and health careers and increase the participation of underrepresented groups in science and medicine. The anatomy and physiology teaching team provides volunteers for health, anatomy/physiology, and pre-medicine related events at local schools, as well as at the St. Louis Science Center and events on campus.	https://mdstudentaffairs.wustl.edu/student-group/young-scientist-program/

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